

# Hyde County Hotline

**24 Hour Crisis Line 252-925-2500**



*September 2013*

Dear Hyde County Citizens

October is **Domestic Violence Awareness Month** and we are excited to offer Hyde County businesses, establishments and local residents the opportunity to showcase their civic mindedness and creativity by participating in the **Paint the County Purple Campaign**.

The Campaign begins on October 1st. Participants are encouraged to keep their displays up the entire month, if possible. By showcasing the color purple, which symbolizes domestic violence awareness, participants can show their support for the idea that every person deserves to be safe in their home and in their relationships.

### **Possible “Painting” Ideas:**

- Hang informational poster – Request a flyer you can display that helps raise awareness about the issue of domestic violence, and provides info for resources that are available
- Have a wear **purple** day on October 23rd or whenever it works for you and staff
  - Display **purple** items in windows or reception areas
    - Hang **purple** lights
    - Pass out **purple** ribbons

The campaign participants will be featured in the November Newsletter, Hyde County Hotline’s website and Facebook page. Please submit pictures of your support to the email below.

### **How will you continue to be part of the coordinated community effort, throughout the year?**

- Attend Coordinated Community Response / Sexual Assault Response Team (CCR/SART) meetings.  
Please call or email contact below for information.
  - Become a volunteer
  - Friend Hyde County Hotline’s Facebook page
- Take part in awareness events and fundraisers to support victims of domestic violence
  - Make a donation (PO Box 335, Engelhard, NC 27824)

**For any questions please contact Eve Richardson at [echydehotline@gmail.com](mailto:echydehotline@gmail.com) or 252-925-2502.**

## **DOMESTIC VIOLENCE HOMICIDES IN NC**

**from January 1 – August 14, 2013**

**26 Murders**

**[www.nccadv.org](http://www.nccadv.org)**

### **OUR MISSION:**

The purpose of Hyde County Hotline, Inc. is to work to eliminate domestic abuse and sexual victimization and to provide safe shelter in Hyde County, North Carolina through the collaborative efforts of a compassionate community. We promote dignity, respect and safety at home resulting in safer communities.

Want to learn more about  
being a Hyde County Hotline  
Crisis Line or Shelter  
Volunteer?  
Let us know. 252-925-2502



Volunteers are vital to the organization's overall functioning and success.

Hyde County Hotline is a private, non-profit organization in Hyde County dedicated to promoting dignity, respect and safety at home resulting in safer communities.

All proceeds from the thrift stores and shelter go to support the Hyde County Hotline mission. All donations are tax-deductible and tax donation forms will be mailed to you from Hyde County Hotline upon request.

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It seems I can't go a single day without reading or hearing about at least one woman shot by a husband or boyfriend. Women in this country are 11 times more likely to be murdered with guns than in any other developed nation; more than half of women murdered with guns in the U.S. are killed by intimate partners; and more than half of mass shootings are acts of domestic or family violence.

By: Kim Oster-Holstein, Chair, Board of Trustees



*Please Save the Date*  
*Hyde County Hotline's*  
*3<sup>rd</sup> Annual Winter Event*  
*An Ice Gala*

*Saturday, December 7, 2013*

*Six o'clock in the evening*

*Call 252-925-2502*

*for more information*

## Learn the Facts about Sexual Assault and Rape

### Definitions

The exact definition of "rape," "sexual assault," "sexual abuse" and similar terms differs by state. The wording can get confusing, since states often use different words to mean the same thing, or use the same words to describe different things. So, for a precise legal definition, you need to check the law in your state. But here are some general guidelines based on the definitions used by the U.S. Justice Department. Please note that these definitions are a bit graphic, which is inevitable when describing crimes this violent.

Rape is forced sexual intercourse, including vaginal, anal or oral penetration. Penetration may be by a body part or an object.

Rape victims may be forced through threats or physical means. In about 8 out of 10 rapes, no weapon is used other than physical force. Anyone may be a victim of rape: women, men or children. Sexual assault is unwanted sexual contact that stops short of rape or attempted rape. This includes sexual touching and fondling. (But, be aware: Some states use this term interchangeably with rape.)

### Further Explanation:

Sexual assault can take the form of:

- Harassment
- Exposing/flashing
- Fondling
- Forcing a person to pose for sexual pictures
- Unwanted sexual touching

Every two minutes in the US someone is sexually assaulted

In the most extreme cases, sexual assault may involve force which may include but is not limited to:

- Use or display of a weapon
- Physical battering
- Immobilization of the victim

More often, however, sexual assault involves psychological coercion and taking advantage of an individual who is under duress or incapacitated and, therefore, incapable of making a decision on his/her own (including under the influence of alcohol, drugs and/or prescription medications).

Sexual assault is a crime motivated by a need to control, humiliate and harm. Perpetrators use sexual assault as a weapon to hurt and dominate others.

### Common Reactions to Sexual Assault Include:

- Shock
- Numbness
- Loss of control
- Disorientation
- Helplessness
- Sense of vulnerability
- Fear
- Self-blame/guilt for "allowing" the crime to happen
- Feeling that these reactions are a sign of weakness

90% of sexual assaults are committed by someone the survivor knows

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### How you can help...

**\*\*Ask how we can help you**

**\*\* Tell others about**

**\*\*Ask us about presentations**

**\*\*Donate to our Thrift Stores – call us for pick-up of large items**

**252-925-2502**

**\*\*Monetary donations are accepted:**

**PO Box 335**

**Engelhard, NC 27824**

(all donations are tax deductible)

**We're on the Web!**  
Visit us at:  
[www.hydecounthotline.org](http://www.hydecounthotline.org)



1 in 6 women are survivors of sexual assault

If you or someone you know needs help, please call  
**Hyde County Hotline's**  
**24 Hour Crisis Line**  
**252-925-2500.**

For more information, call the Rape Abuse and Incest Network at (800)656-HOPE or visit  
[www.joyfulheartfoundation.org](http://www.joyfulheartfoundation.org)

**You are not alone**  
**You are not to blame**  
**You do not deserve to be abused**